

There is a long period of silence within this teaching, towards the end of the recording, to allow for personal prayer. If you are listening on CD the silence will be there, followed by closing prayer. If you are listening to a download from the website the silence has been edited out and the closing prayer is also missing.

### The prayer of Nehemiah

Prayer and planning  
Nehemiah 1:1 – 2:9

Example of prayer

- Adoration (1:5)
- Confession (1:6-7)
- Remembrance (1:8-9)
- Thanksgiving (1:10)
- Supplication (1:11)

Prayer and repentance  
Nehemiah 9:1-37

Prayer must be:

Biblical

God-centred

Honest about human sin

Repentant